

Kim Singline

Associate

Kim is an energetic facilitator, trainer, coach and provisional psychologist who is passionate about helping others be the best version of themselves, as well as teaching them to help others do the same. Her background is a medley of human resources, training, coaching and psychology, with over a decade of experience working across a number of verticals, including government, not for profit, finance and information technology.

Kim advocates the view that in order to foster success, an organisation must be comprised of employees who are happy, healthy, energised, and purposeful. A keen proponent of positive psychology, she thrives on guiding individuals, teams and organisations to be more engaged, positive, innovative and living on purpose. She has facilitated a myriad of training sessions and programs, focusing on leadership development, mindfulness, relationships, well-being, mindset and cultivating a strengths-focused organisation.

Kim is currently completing Master of Psychology at Australian Catholic University, and holds academic qualifications in social science, obtaining Class 1 honours, and being awarded the Dean's Award of Academic Excellence in both 2015 and 2016. She also holds Certificate IV in Workplace Training & Assessment, and has presented at various forums and events on the subjects of self-esteem, mindfulness, purpose and psychological health. She has conducted psychological research in the areas of female body image and self-esteem, and regularly coaches and presents in this space.