

CONDUCTING DIFFICULT CONVERSATIONS

Be prepared for those conversations that matter

When critical issues arise in an organisation, difficult conversations invariably follow. The success of those conversations is often determined by the individual's ability to manage and lead uncomfortable or difficult discussions. This workshop arms your team with the skills and tools to effectively prepare for and conduct difficult conversations, by analysing typical patterns and motivations in high-tension encounters. Reduce friction, remove roadblocks and foster more productive business conversations with this invaluable program.

Build valuable conflict-resolution skills within your organisation and encourage collaboration under pressure with this focussed and practical workshop.



Workshop Content

This workshop is highly interactive and can be customised to reflect the group's specific experiences. Starting with common themes, patterns and misconceptions of workplace conflict, the workshop moves through relevant case studies and live practice sessions. Through practical applications and various skill practise scenarios, participants learn the key steps to prepare for and lead a successful conversation around a difficult issue.



Learning Outcomes

Upon completion of this workshop, participants will be able to:

- Understand how to create conditions for healthy dialogue
- Prepare for conversations to succeed
- Depersonalise issues by reframing to a neutral position
- Migrate from blame to problem solving
- Identify and manage emotions
- Develop your own style under stress
- Employ tactics to encourage agreement
- Recognise unsafe conversational factors and restoring trust
- Challenge with respect
- Manage stress in others – and yourself



Recommended Audience:

Leaders and team members tasked with having difficult conversations



Delivery:

Face to Face or Virtual



Course Duration:

Full day



No. of attendees:

12

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