



LEADING AND MANAGING THROUGH CHANGE

Prepare to lead in a world of increasing change and complexity

As workplaces continue to face change from both internal and external factors, leaders, managers and team members must equip themselves with the skills and mindset to not only adapt to change but to thrive. Individuals in all positions require guidance and clarity from their leaders and colleagues, which provides the basis for sustainable productivity in the face of uncertainty. By sharpening their skills as change managers, leaders can provide their teams with structure, certainty and confidence.

Equip your team with a more sustainable approach to a landscape of uncertainty and change through this practical and actionable skills development workshop.

Workshop Content

This workshop explores effective techniques used to inspire new perspectives on necessary change. The content includes breaking down common reaction and resistance to change and participants will deepen their understanding of how people behave during times of stress and uncertainty. Scenario-based exercises highlight how careful planning and thoughtful implementation can ensure organisational goals are realised.

Learning Outcomes

Upon completion of this workshop, participants will be able to:

- Identify the driving forces of change within organisations
- Differentiate between the various stages of change
- Identify common effects on attitude and morale
- Manage reactions and resistance
- Implement strategies for managing and combatting negativity
- Plan, implement and monitor factors of change
- Understand your role and challenges as a leader in the context of change
- Develop action plans to assist staff adaptation and progress
- Leverage and understand Emotional Intelligence
- Build resilience and maintain psychological safety



Recommended for:

Leaders and team members dealing with constant workplace change or a specific change program.



Delivery:

Face-to-face or virtual



Workshop duration:

Full or half day



No. of attendees:

12 - 16

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